POISE DANCE

Poise Dance Summer Session Classes 2026

June 29th-August 13th

	Monday		Tuesday		Wednesday		Thursday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
10:00 AM	Poise Summer Day Camp 10am-12pm			Tiny Movers 10am-10:30am			Poise Summer Day Camp 10am-12pm	
10:15								
10:30								
10:45								
11:00 AM								
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4:15								
4:30			Hip Hop 1 4:30pm-5:15pm	Pre Pointe/Pointe 4:30pm-5:15pm	Ballet 2 4:30pm-5:45pm	Ballet and Play 4:30pm-5pm		Jazz 1 4:30pm-5:15pm
4:45								
5:00 PM	Turns & Leaps Foundations 4:45pm-5:45pm	Jazz Debut 5pm-5:30pm			Ballet 3 5:30pm-6:45pm	Ballet Debut 5pm-5:30pm	Jazz/Lyrical 3 5pm-6pm	
5:15			Hip Hop 2 5:15pm-6pm					Jazz 2 5:15pm-6:15pm
5:30						Tap Debut 5:30pm-6pm		
5:45	Turns & Leaps Progressions 5:45pm-6:45pm	Tap 1 5:45pm-6:30pm		Ballet 1 5:45pm-6:30pm				
6:00 PM			Hip Hop 3 6pm-7pm			Contemporary 1 6pm-6:45pm	Student Choreography Workshop 6:15pm-7pm	
6:15								
6:30				Acro 1/2 6:30pm-7:15pm	Ballet 4 6:45pm-8:15pm			Tap 2 6:15pm-7:15pm
6:45	Contemporary 5 6:45pm-8pm	Tap 3 6:45pm-7:45pm				Contemporary 2 6:45pm-7:45pm		
7:00 PM			Hip Hop 4 7pm-8pm				Jazz/Lyrical 4 7pm-8:15pm	
7:15				Adult Ballet Sculpt 7:15pm-8pm				Tap 4 7:15pm-8:15pm
7:30								
7:45		Adult Tap 7:45pm-8:45pm			Ballet 5 7:45pm-9:15pm			
8:00 PM	Contemporary 4 8pm-9:15pm			Acro 3/Tricks 8pm-8:45pm		Contemporary 3 8pm-9pm		
8:15								
8:30							Jazz/Lyrical 5 8:15pm-9:30pm	
8:45								
9:00 PM								
9:15								
9:30								