POISE DANCE

Poise Dance Spring Schedule 2026

Classes run 1/12/26 - 5/9/26

Monday		Tuesday		Wednesday		Thursday		Saturday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
									Poise Petites 9:00-10:15am
								TuTu Tots 9:30-10:00am	
								Acro 3 10:00-11:00am	
								Acro 1 11:00-11:45am	
								Acro 2 11:45am-12:30pm	
Ballet 2 4:45-5:30pm	Ballet Debut 4:45-5:15pm		Hip Hop Debut 4:45-5:15pm	Ballet 1 4:45-5:30pm	Tap 4 4:45-5:30pm	Jazz Debut 4:45-5:15pm			
	Tap Debut 5:15-5:45pm	Hip Hop 1 5:15-6:00pm	Contemporary 2 5:15-6:00pm		Tap 1 5:30-6:15pm	Jazz/Lyrical 4 5:15-6:30pm			
Ballet 3 5:30-6:30pm	Jazz 2 5:45-6:30pm	Hip Hop 2 6:00-6:45pm	Contemporary 1 6:00-6:45pm		Jazz 1 6:15-7:00pm		Mini/Jr Company Class 5:45-6:45pm		
Ballet 4 6:30-7:45pm	Jazz/Lyrical 3 6:30-7:30pm	Hip Hop 3 6:45-7:45pm	Contemporary 4 6:45-7:45pm	Pointe 6:45-7:30pm	Tap 2 7:00-7:45pm	Jazz/Lyrical 5 6:30-7:45pm			
Pre Pointe 7:45-8:15pm	Teen/Sr Company Class 7:45-8:45pm	Hip Hop 4 7:45-8:45pm	Contemporary 3 7:45-8:45pm	Ballet 5 7:30-8:45pm	Tap 3 7:45-8:30pm	Contemporary 5 7:45-9:00pm			
Adult Ballet/Lyrical 8:15-9:00pm									